

PSYCHOLOGY & MEDICARE

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IN A

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GP Mental Health Treatment Plans and valid referrals explained

To claim a Medicare rebate with a psychologist, patients need a **GP MHTP** prepared AS WELL AS a **referral letter** from a GP to the psychologist

GP MHTP

MBS items 2700 - 2717
Gives a patient a rebate on 10 individual PLUS 10 group therapy sessions per calendar year

REFERRAL LETTER

Addressed to psychologist OR practice, for e.g. **Marsden Clinical Psychology**

Valid for up to SIX sessions (should be stated in referral)
No limit to how many referral letters can be written

MHTP REVIEW

1st review due: 4 weeks - 6 months after MHTP first prepared
2nd review due: not within 3 months of MHTP first being prepared

FROM 2016 TO 2017

A new MHTP is not necessarily required in the new year. After the 6 sessions approved in the last referral letter, a NEW referral letter to the psychologist is required.

NEW MHTP???

A new MHTP is not required unless it is a new mental health problem that is not accounted for under the initial MHTP



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